

ANNUAL REPORT 2021



Anakku Sehat, Anakku Cerdas!

APA ITU STUNTING? Rendah GAGAL TUMBUH pada anak akibat kurang gizi dan kebiasaan yang buruk.

6 CARA CEGAH ANAK STUNTING

Akibat stunting, anak KURANG CERDAS dan MUDAH SAKIT.



There will be a day in our lifetime when Indonesian children no longer suffer the devastating effects of stunting. We want to celebrate that day with you.





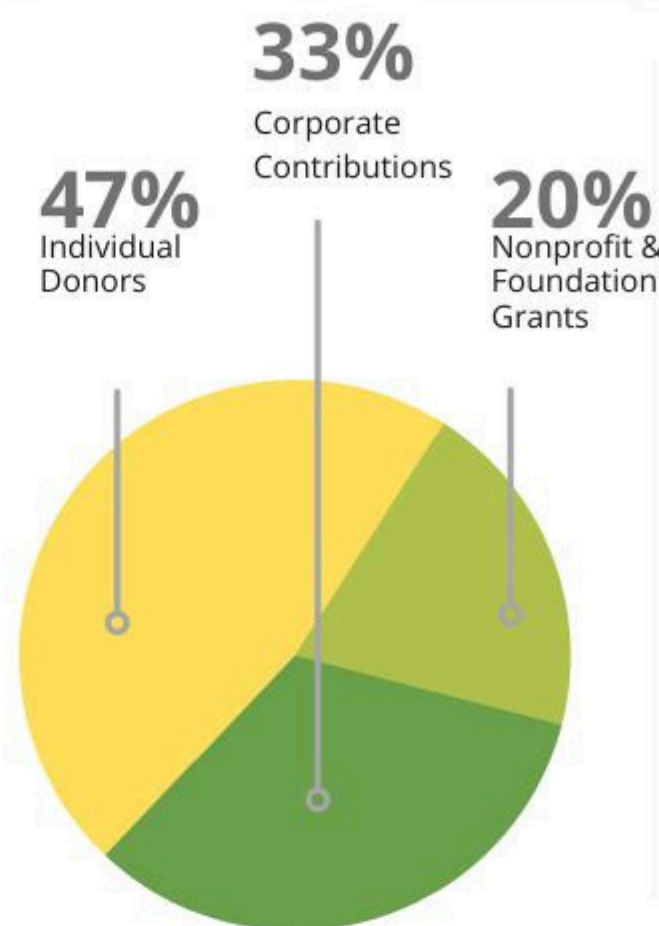
TABLE OF CONTENTS

2021 Consolidated Activity Statement	5
Founder's Letter	7
Map	9
<ul style="list-style-type: none"> - Map and location points - 2021 Key Figures 	
Impact: Behavior Change	11
2021 Highlights	13
Introduction	15
Our Work	16
Empowering Health Workers	17
<ul style="list-style-type: none"> - Revolutionizing a New Standard of Care (Training and Upskilling) - Continuous CHWs Training - Home Visits - Impact: Training & Upskilling 	
Evidence-Based Interventions	23
6-IN-1 Intervention Packages	27
<ul style="list-style-type: none"> - What are Smart Charts & Smart Blankets? - How Do Smart Charts Make a Difference? - Where Are Smart Charts Distributed? - Who We Do We Work With? 	
Build Influence	31

2021 Consolidated Activity Statement

	2021	2020
INCOME	in USD FX Rate (IDR/USD): Rp 14,500	
Income Carried Forward from Previous Year**	116,324	25,987
Grants and Donations		
Corporate Contributions	193,333	138,998
Government Grants	-	-
Nonprofit and Foundation Grants	112,476	52,381
Individual Donations	270,105	19,399
In-Kind Donations	-	2,766
Total Grants and Donations	575,974	213,545
Service/Fee & Others		
Consultancy/Honorarium	87	336
Non-Operating Income	4,157	2,168
Total Service/Fee Income	4,244	2,504
TOTAL INCOME AVAILABLE FOR THE YEAR	696,542	242,037
EXPENSES		
Operational Costs	116,437	37,219
Program Costs		
Program Support	43,671	27,291
Project Travel	67,288	14,048
Office, Print, and Supplies	42,064	2,995
Donations, Awards, and Grants	444	6,280
Shipping and Delivery Costs	449	1,406
Consultants and professional fees	2,069	36,469
Conference, Conventions, Meetings & Incidentals	1,407	
Total Program Costs	157,393	88,493
Total Expense	273,830	125,713
NET ASSETS AT END OF THE YEAR	422,712	116,324

Revenue generated by donations



INCOME 2021



EXPENSES 2021

Revenues

In the fiscal year 2021, TDF received USD 696,542 in revenue, a 187% increase over the fiscal year 2020. The fiscal year 2021 revenue was comprised of USD 270,105 from individual donors (47% of total revenue), USD 112,476 from nonprofits and foundation grants (20% of total revenue), and USD 193,333 from corporate contributions (33% of total revenue).

Expenses

TDF expenses increased from USD 125,713 in the fiscal year 2020 to USD 273,830 in the fiscal year 2021. In the fiscal year 2021, 57% of funds were for direct program costs, and 43% went to operational costs.

Surplus (deficit)

TDF ended the fiscal year 2021 with a USD 422,712 operating surplus.



I am honored to share with you an overview of 1000 Days Fund's achievements this past year, a year in which we touched more lives than ever before, thanks to your support and brought us all a step closer to achieving our highest aspiration—a world free from stunting.

We accomplished so much at every level of our sites' health systems. Within communities, we connected pregnant women with the high-quality, essential care every person deserves. In clinics and hospitals, we support community health workers and staff by providing them with the mentorship, tools, and technology they need to save and transform lives.

With ministries of health, we worked together to reimagine and recreate reliable national health systems. And as thought leaders, we advocated for health policies and practices protecting, rather than attacking, marginalized people.

In the following pages, you'll find stories of the care we delivered to save precious lives and keep families intact. We'll take you to Flores, where our young maternal health program ensures that a child's birth is cause for celebration rather than concern. To Rote, where a new generation of specialized community health workers graduated with the commitment to provide high-quality care to Indonesia's poorest people. And to Timor Tengah Selatan, where we traveled with the President to highlight the importance of in-home counseling. We're renewing our effort to distill lessons learned at our sites and apply them nationally and globally. At our Stunting Center of Excellence, health workers in East Nusa Tenggara learned to tackle the

most pressing health challenges of our time and emerged as leaders motivated and prepared to advance health equity worldwide.

And here in Indonesia, our work with key partners in fighting stunting has informed BKKBN and Ministry of Health guidelines regarding how to best train community health workers and prevent stunting.

None of these achievements came easily. But this year, in the face of cynicism and constraints, we called upon our depth of knowledge and experience to prove that character and consistency are the keys to health equity and real impact. And we continue to call upon the grit and hope the communities we serve demonstrate each day as they fight for happy, healthy children. Thank you for standing shoulder to shoulder with us and making it all possible.

In Solidarity and With Heartfelt Gratitude,
 Zack Petersen
 Founder & Managing Advisor



2021 KEY FIGURES:



28
ISLANDS



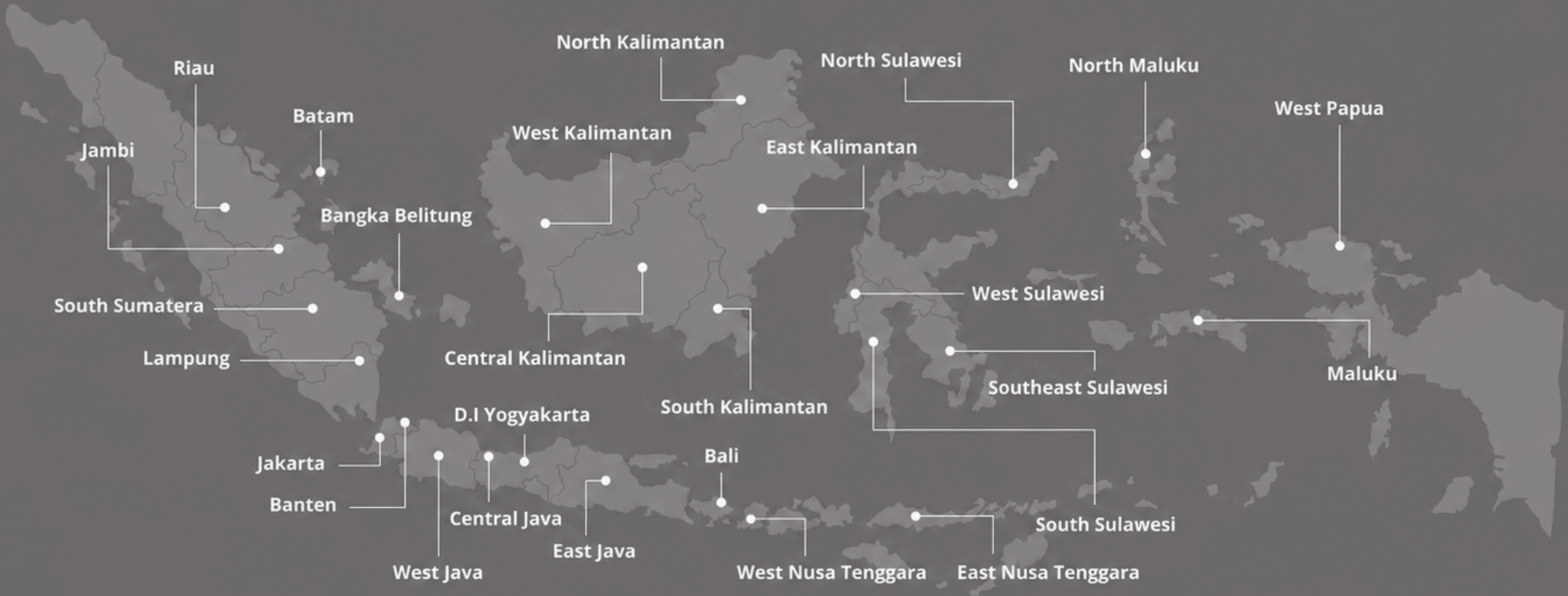
5,353
HEALTHCARE STAFF AND
COMMUNITY HEALTH WORKERS
(CHWs) TRAINED



97
SUB-DISTRICT HEALTHCARE
FACILITIES SUPPORTED



74,668
MALNUTRITION SCREENINGS
CONDUCTED FOR CHILDREN UNDER 2 (CU2)



110,209 Pregnant Women, CU2 mothers, and CU2 kids reached



73%
OF PREGNANT WOMEN
attending 6 or more
antenatal check-ups



70%
OF CAREGIVERS PROVIDE
THEIR KIDS with
nutritious food



66%
OF PREGNANT MOTHERS
take IFA during pregnancy



59%
OF CU2 MOTHERS EXCLUSIVELY
BREASTFEED their children



43%
OF CAREGIVERS BRING THEIR
CHILDREN FOR REGULAR VIT. A
& deworming medicine



49%
OF CAREGIVERS BRING
THEIR CHILDREN FOR
complete immunization



56%
OF CAREGIVERS START TO
PRACTICE CLEAN
& hygienic practices

2021 HIGHLIGHTS

Our work on the ground, in rural and remote villages, gives us the credibility we need to influence policy at a national level. We take evidence and insights from the village and deliver them to the door of the Minister of Health and the President.

“On Rote, we’ve trained 97% of the island's CHWs (1,697). No other NGO in Indonesia has trained more community health workers over the last 2 years than the 1000 Days Fund.”



Sherwin Ufi
 Divisional Head of
 Governance & Social Culture
 Regional Development
 Planning Agency
 (Bappeda) Rote Ndao.



The combination of commitment, collaboration and digital literacy tools all served equally to make the program in Rote Ndao a success. As government officials we realize that working on islands with extreme poverty requires more commitment than ever. Commitment without collaboration leads to nothing but slow progress. We teamed up with 1000 Days to address the root of stunting which is about the improving of knowledge among targeted communities and together we've trained almost 2,000 CHWs. This type of collaboration that we ultimately need to tackle stunting problem in our regency. Last but not least, the digital literacy that we have enables us to monitor and evaluate what we have done. By doing this we'll keep tracking the good progress and while maintaining all trained CHWs. To close this statement, I would like to mention that in Rote Ndao we're arranging the policy to keep CHWs working in villages without being changed due to any political reasons. By doing it we're going to support all CHWs to focus on doing what they have been trained and to manage the budget more efficiently at the same time.

We lead the fight to make health and well-being during the first 1,000 days a policy and funding priority.



INTRODUCTION

The 1000 Days Fund was created as a bold approach to invent and test innovative, cost-effective solutions to help end stunting in Indonesia—a condition that affects 1 in 3 children in Indonesia. We are relentlessly committed to improving maternal and newborn health outcomes for the poorest and most marginalized. We partner with governments to build capacity,

work closely with communities to deliver tools, train Community Health Workers (CHWs), and advocate for national and grassroots policy change to address the root causes.

Barat in 2018, when the stunting rate was 57%. By 2021, this number had dropped to 38%. This staggering change was the result of government buy-in, cost-effective tools (Smart Charts, WhatsApp bot and YouTube Live) to train CHWs and innovative ways of providing in-home counseling in low-resource settings. Our smart chart, a life-sized sticker that costs 0.25 USD to print, serves as the centerpiece of CHW and in-home counseling, and is backed up by the Chatbot and YouTube videos.



Our Work

EMPOWERING HEALTH WORKERS

- ▶ We invest in mentoring and clinical education to train all kinds of health professionals, to constantly improve antenatal care and strengthen local health systems for the long term.



EVIDENCE-BASED INTERVENTIONS

- ▶ We use our technology, tools and evidence-based results to advocate for national health policies that prioritize, rather than marginalize, the most vulnerable mothers and children.



BUILDING INFLUENCE

- ▶ We partner with like-minded NGOs and local and national policymakers to ensure health care is a basic human right and help spread the progress we have made in small communities, to the rest of Indonesia and beyond.
- ▶ The 1000 Days Fund identifies key local leaders (religious leaders, youth, and community leaders) and adopts and orients them as stunting ambassadors.



- **Empowering Health Workers**



A health worker in District of Kupang participate in a role play during cascade training.

“ I’m happy I can play a role in building awareness among moms in the importance of monthly visits to the Posyandu* to monitor children's growth and health. I’m also delighted that now we have Smart Charts, a simple tool that helps us work with parents in their houses to prevent stunting. ”

*Posyandu: Integrated Healthcare Center

Dorkas Bengoe

Kesetnana Village, Central South Timor.
Community Health Worker for 30 years.



Revolutionizing a New Standard of Care (Training and Upskilling)

In Indonesia, where one in three children suffer the devastating effects of stunting and chronic malnutrition and live hours away from the nearest health center, community health workers, nurses, and midwives have teamed up to extend the reach of the health system to the most rural and remote communities.

There is a riddle at the heart of stunting and antenatal care in low-resource settings: Do we invest in training for community health workers, giving them the skills and training they need to provide services to some of the most vulnerable or do we invest in cutting-edge technology, which gives us the ability to track and trace the growth of children in real-time. The answer is: why not both.

Continuous CHWs Training

CHWs and midwives are trained to give them the confidence to serve as fonts of knowledge in the village.

We invest in mentoring and clinical education to train all kinds of health professionals, constantly improving patient care and strengthening local health systems for the long term.

For many people living in rural and remote communities, community health workers like Dorkas Bengoe are their primary point of contact with the health system. Continuous training is needed at every level of the health system to ensure Dorkas can provide high-quality antenatal care in her community and deploy village-specific interventions.

Impact Stunting Center of Excellence

In 2020, the 1000 Days Fund opened Indonesia's first - and only - Stunting Center of Excellence to revolutionize training/coaching for community health workers and health systems leaders. With a specific focus on bringing clinicians and midwives from throughout the district to one centralized hub, we train and equip partners with confidence and evidence-based tools before returning to their hospitals and health facilities to act as surrogate instructors, distributing knowledge, tools and technology directly to community health workers and their community.

The Stunting Centers of Excellence serve as a hub for

- ▶ Technology - Testing and distributing new and innovative tools to fight stunting. The centers provide a physical space for researchers to translate their findings into solutions on the ground.
- ▶ Skills - Frontline health workers and midwives throughout the province will receive innovative training and sharing.
- ▶ Systems Strengthening - Policymakers & influential leaders, for example, gather to learn about stunting, women's empowerment, village fund distribution and data transparency.

Home Visits

Indonesia is home to some 1.5 million community health workers, 90% of whom are untrained. To bridge those gaps, build strong systems, and provide lifesaving care, 1000 Days focuses on the training, education, and professional development of its health workers. The Gates-funded study alongside the results from the World Bank grant gave us the confidence to invest in community health workers as fonts of knowledge that provided in-home counseling as a way to not only reduce stunting, but to ensure that children were growing up in villages filled with trained and confident community health workers.

IMPACT: TRAINING & UPSKILLING



5,353

HEALTH WORKERS AND COMMUNITY HEALTH WORKERS trained under 1000 Days Fund program



94%

HAVE AN INCREASE IN KNOWLEDGE on stunting preventative measures



2,229

TRAINED AND CERTIFICATED ONLINE



86%

FEEL MORE CONFIDENT TO perform in-home counselling



EAST KALIMANTAN AND EAST NUSA TENGGARA ranked at the top for the most certified CHW's by 1000 Days Fund



CERTIFIED CHWs ARE 23 TIMES more likely to conduct house visits.





• Evidence-Based Interventions

Niluh (left), a health worker in Labuan Bajo, West Manggarai play a memory game with stunting prevention information during in-home counseling in CU2 household.

“ I used to never care for CHWs and would only listen to the midwives. However, they kept showing up at my door, providing me with useful information I’d never known around stunting, even brought and installed a Smart Chart in my house to monitor my child’s growth. Their dedication to me and my child’s health has allowed me to take care of my children optimally from pregnancy to delivery, and changed my perspective forever. ”

Fatmawati

Seraya Merannu, West Manggarai, NTT



WE PROVIDE DAILY REMINDERS

More than 82,117 smart charts were installed across 28 islands.



WE CONTINUALLY IMPROVE OUR TOOLKIT

We insist on feedback from mothers and health workers to continually upgrade our designs.



WE ADD NEW TOOLS TO OUR ARSENAL

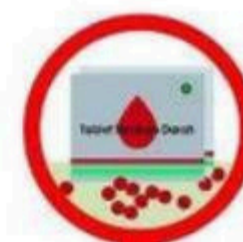
Our digital cookbook and online training are distributed to mothers and informal community health workers - to improve nutrition outcomes.

6-IN-1 INTERVENTION PACKAGES



WHAT ARE SMART CHARTS AND SMART BLANKETS?

Smart charts and blankets can provide vital information on a child's first 1000 days of life. The colorful tools serve as a 6-in-1 stunting prevention kit installed to remind caregivers of the importance of



Iron and folic acid



Vitamin A supplements and de-worming meds



Exclusive breastfeeding



Nutritious diet



Routine immunizations



Sanitation and hygiene

Messages were designed by moms-for-moms, honed during a series of focus group discussions across 18 islands in Indonesia.



How Do Smart Charts Make a Difference?

The cost-effective and scalable sticker, is colorful, life-sized, easy to install and stays on the wall for two years, successfully carrying children across the 1000-day threshold. More importantly, the Smart Chart has a unique QR code, which allows the monitoring and evaluation team from the 1000 Days Fund to track and trace the smart charts across islands and districts.

Smart Charts present easy-to-understand information and an attractive design to help prevent stunting during pregnancy and toddler care. They are a daily reminder to make better decisions during the first 1000 days.

1000 DAYS FUND LASTING IMPACT STUDY SHOWS THAT:

Mothers who had been intervened using smart charts had a 5 times greater chance of knowing the dangers of stunting compared to mothers who had not been intervened.

After 2 years, 88% of parents still remember the word “stunting” and 61% of those who still remember “stunting” can explain the dangers of stunting.

Where Are Smart Charts Distributed?

- ▶ The 1000 Days Fund distributes smart charts to individual households, health service centers, schools and mosques to foster behavior change by encouraging mothers, caretakers and community members to regularly measure their child’s health and assess their nutritional needs.

Who Do We Work With?

Given the multiple benefits of Smart Charts as a communication and growth monitoring tool, 1000 Days Fund aims to ensure that Smart Charts:

- ▶ are distributed as widely as possible,
- ▶ are installed correctly in as many homes of children-under-two as possible, and
- ▶ contribute to a basic understanding of stunting and stunting prevention among as many caregivers as possible.

To achieve these aims, 1000 Days Fund develops distribution partnerships with two different types of organizations:

- ▶ Local NGOs that deliver health programs or services in communities
- ▶ Public health clinics (*Puskesmas*) who are responsible for the delivery of local health services, including through integrated *Posyandu*



Previous 1000 Days Fund experience has shown that the installation of the Smart Charts does not automatically result in an increased understanding of stunting, its importance, and key anti-stunting behaviors. The installation of the Smart Charts must also be accompanied by a conversation about stunting and a clear explanation about the chart, its use, and its key messages. 1000 Days Fund has therefore also developed training materials and a basic training process for staff and volunteers of distribution partners who will be involved in height chart installation.

Build Influence



Marianus Mau Kuru (far-right), Head of BKKBN NTT, introduces Smart Chart as a stunting prevention tool in households with children under two and pregnant women.



BUILD INFLUENCE

Over the last three years, we have partnered with academics, philanthropists, and leading institutions in the community health sector, including J-PAL and the World Bank to identify the drivers of high-performing national community health worker systems.

Together, we found that a three-track portfolio-stunting centers of excellence, cascade training with government partners and cost-effective and scalable distribution of stunting prevention tools-demonstrated remarkable impact while underscoring important lessons contributing to their success. Each program showed investing in the systems that support community health workers, supporting government-led coalitions, and leveraging NGO partner expertise.

As our reach grows, the following learnings provide vital evidence to strengthen and inform national community health worker programs-lessons we are disseminating to health systems leaders across Indonesia. These leaders will turn evidence into impact as they harness this information to replicate large-scale antenatal successes and bring Indonesia closer to achieving its goal of reducing stunting rates to below 14% by 2024.


We're currently deploying innovative in-service training on antenatal and child health in partnership with the Ministry of Health and the Board of Family Planning (BKKBN). We are piloting the training with an estimated 1,170 community health workers serving 2.9 million people. Utilizing blended learning, the training includes


digital tools and in-person facilitated learning and contains innovative videos and demonstration tools. The training has the potential to be scaled nationally in the future-reaching all 1.5 million community health workers in the national program who serve close to 200 million people.




There will be a day in our lifetime when Indonesian children no longer suffer the devastating effects of stunting. We want to celebrate that day with you.

For further information please contact:
www.1000daysfund.org

 facebook.com/1000DaysFund

 instagram.com/1000daysfund

 [1000daysfund](https://www.youtube.com/1000daysfund)

 info@1000daysfund.org

Information contained in this report is complete and correct at the time of writing.

Copyright ©1000 Days Fund 2022



www.1000daysfund.org