

“Every 15 seconds, an Indonesian child is born
destined to a life devastated by stunting”

Early Detection for Stunting Program



Across Indonesia, **4.5 million** children are destined to a life devastated by stunting.

Stunting is largely irreversible, as **80%** of brain growth happens during the first 1000 days.

Stunted children are **10x** more likely to get sick & drop out of school.

In Indonesia

5.6 million

mothers rely on CHWs for
the first 1,000 days services

1.5 million

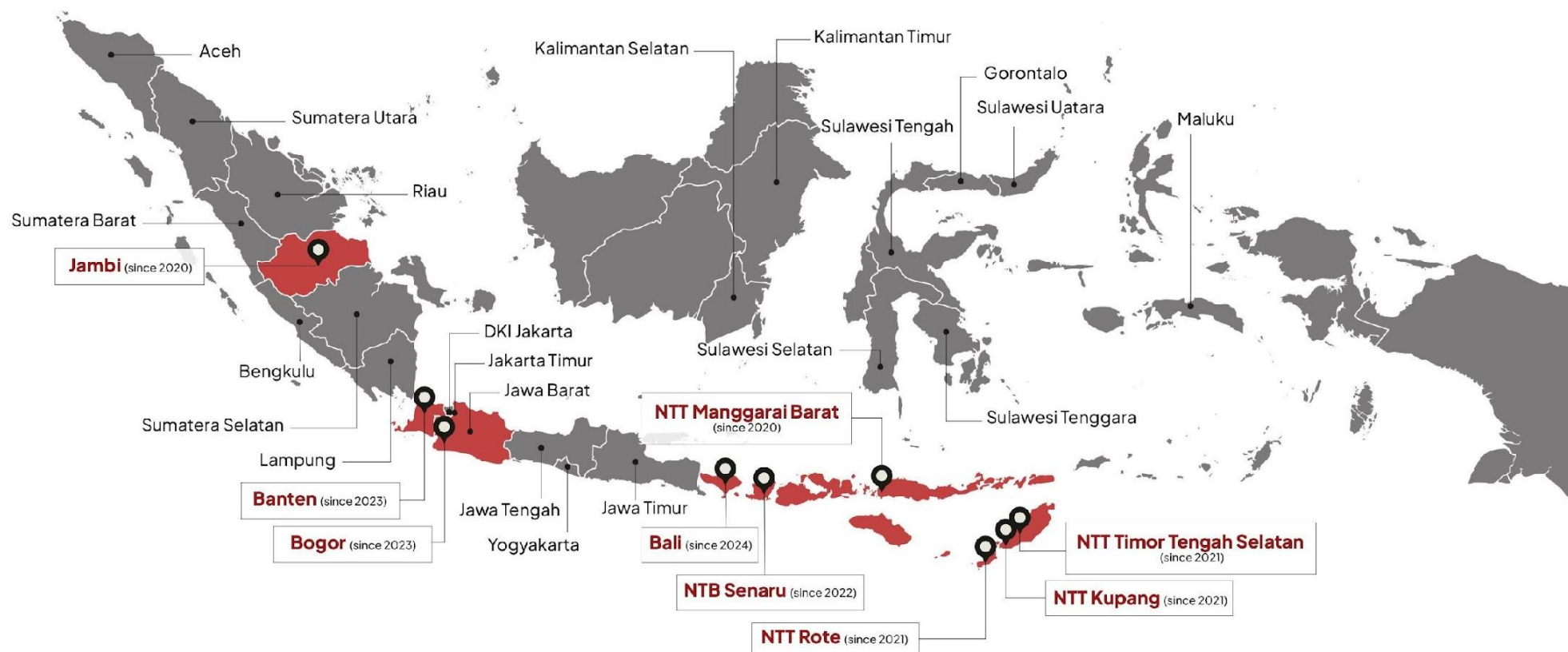
CHWs

only 13%

CHWs are trained to
provide care



2024 Impact to Date



**34 Provinces
receive
assistance**



655,806
Pregnant women, caregivers,
and children Under 5 reached



344,454
Smart charts distributed



61,712
Healthcare staff
& CHWs Trained

TRANSFORMING CHILD HEALTH

IN EAST NUSA TENGGARA (2019–2024)



Stunting rate drop in 6 years in
Manggarai Barat



Average stunting reduction
in districts with 2+ years of
TDF support



Mothers adhering to iron/folic
acid vs. 44% national average



Exclusive breastfeeding rate
vs. 69% national average



Antenatal care (ANC) attendance
vs. 18% national average



Basic immunization rate
vs. 36% national average



2023 PILOT RESULTS



91%

Pregnant women
completed 6+ ANC visits



11%

Low birth weight
incidence (down from
37.5% baseline)



DELIVER

Effectively deliver first 1000 days of high-quality care

Deploy intuitive, evidence-based tools & first 1000 days education to empower households & communities to understand & improve their own health

Knowledge, behavior change & preventive care happens at the household level

In-house management of at-risk children and pregnant women

Improved first 1000 days outcomes



UPSILL

Train & professionalize community health workforce

Train Health Systems Leaders & CHWs

Health systems leaders become skilled community health program champions, & CHWs are **skilled** & **supervised**

CHWs deliver high quality first 1000 days education & care coordination



STRENGTHEN

Advocate for & build strong community health systems

Design, refine & implement CH policies & systems alongside local government partners

CHWs are **salaried, supplied & sustained**

Best practices from subnational implementation are collected to integrate into national policy

Best village practices implemented nationally

3+ Years to System Change

Pre-intervention

Getting local stakeholders committed

Year 1: Ignite

Intensive direct training to CHWs

Year 2: Anchor

Preparing key actors to take over training and supervision

Year 3: Elevate

Full community handover with independent implementation, supported reflection, and endline impact evaluation.

Our Model in Action

the First 1000 Days of Life

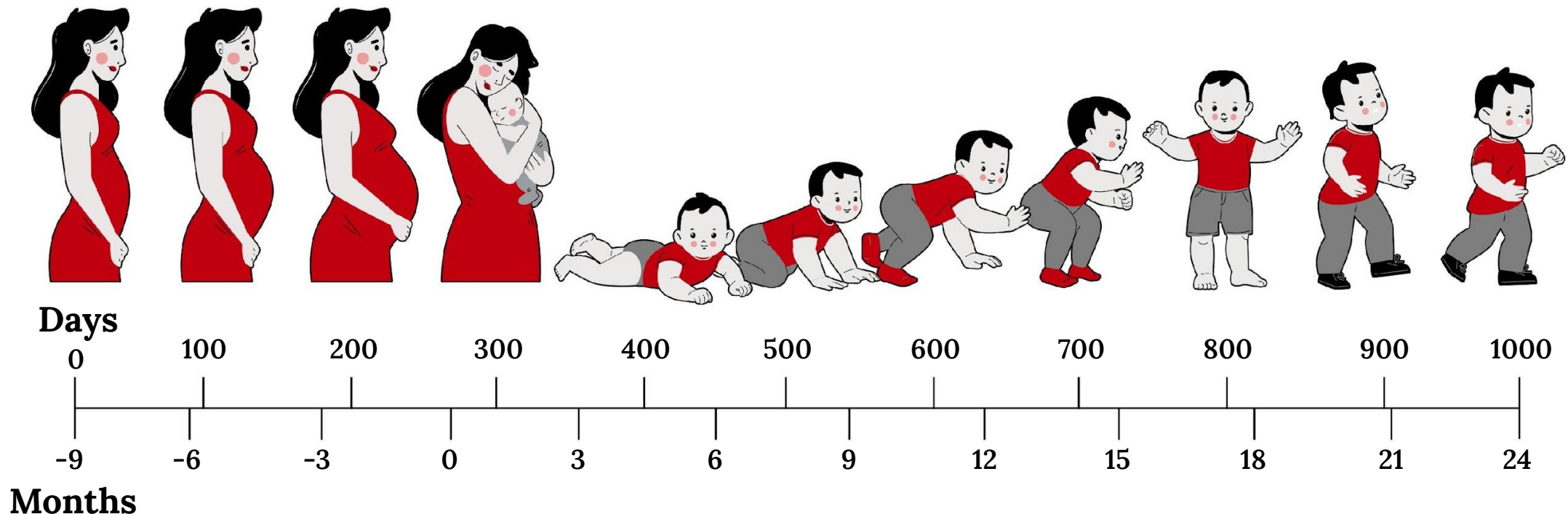
Vaccination & Vitamin A

Improve Children's Diets

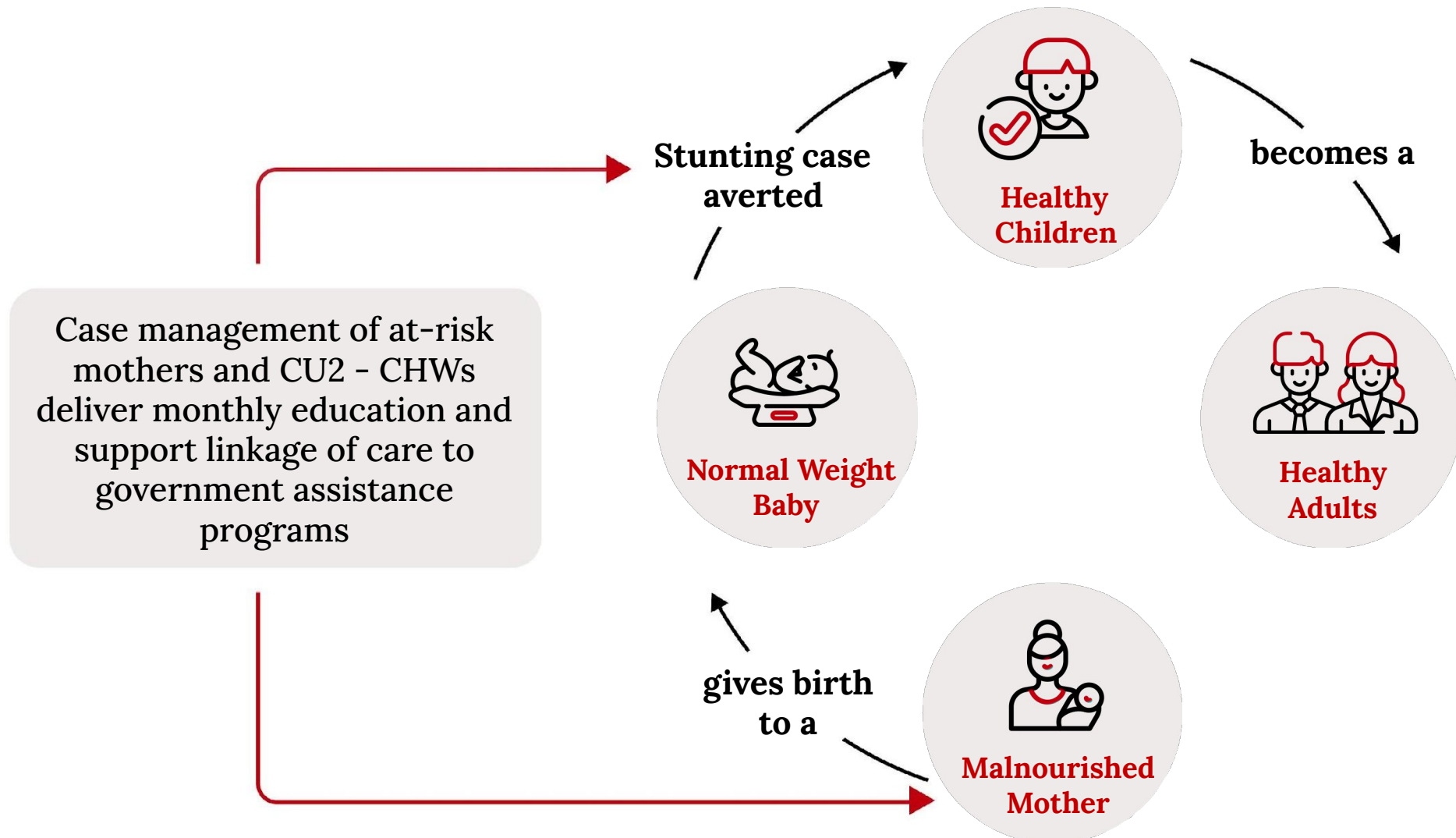
Screen and Treat Weight Faltering

Pregnancy Vitamins
Screen & Treat Pregnancy At-Risk

Optimal Breastfeeding



At-Risk Case Management Breaking the Cycle



Sustained Reduction in Stunting Prevalence

Impact



Maternal & Child Health Outcomes



Intermediate Outcomes



Outputs / Reach



Activities

Tools Development



CHW training

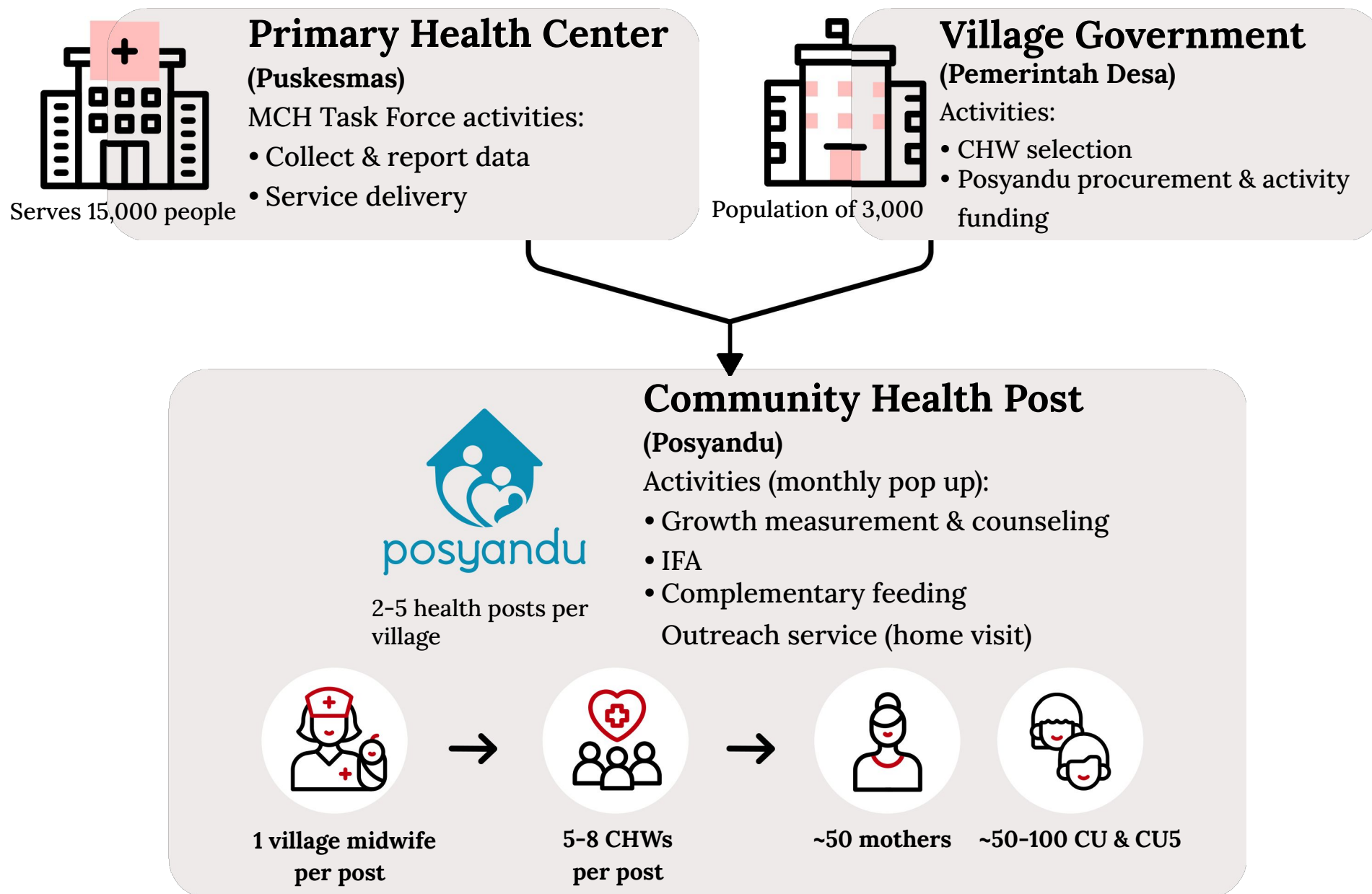


Advocacy



 2025 achievement
 2030 target
 *for achievements exceeding 80%, our target is to maintain the trend

Rural Health System in Indonesia



“

My dream is to make my village free from stunting. My relationships with parents and how I talk to them is my legacy. Together we can end stunting in Indonesia.

Mama Nemi Lapa,
Rote Ndao Community Health Worker

”



Teaching & Training Tools

Smart Chart



Breastfeeding Blanket



Nutrition Counseling Sheet

LEMBAR BALIK PEMBERIAN MAKAN BAYI DAN ANAK

Umur	0-6 Bulan	6-12 Bulan	12-24 Bulan
Bobot	3-4 kg	8-10 kg	10-15 kg
Asupan	ASI eksklusif	ASI + MPAS	MPAS + MPAS
Contoh Makanan	ASI eksklusif	ASI + MPAS (nasi, sayur, buah, daging, telur, ikan)	MPAS + MPAS (nasi, sayur, buah, daging, telur, ikan)

Varian makanan apa yang bisa diberikan?

Contoh: Nasi, sayur, buah, daging, telur, ikan, kacang-kacangan, susu, dll.

Manfaat ASI

Untuk Bayi	Untuk Ibu
Nutrisi paling LENGKAP, terbaik sesuai kebutuhan bayi	Mengembalikan berat badan dengan cepat
Lebih mudah dicerna bayi	Menurunkan peradangan rahim dan mencegah kurang darah pada ibu nifas
Banyak kekebalan tubuh sehingga bayi lebih kuat	Menurunkan risiko kanker payudara, kanker ovarium, kemandulan & penyakit jantung
Mendukung perkembangan otak bayi & lebih pintar	Oralis & tersedia kapan saja

Posisi Ibu Menyusui

- Kepala, telinga, bahu bayi berada dalam 1 garis lurus
- Badan bayi dipeluk menempel badan ibu
- Menopang badan bayi
- Lidung berhadapan dengan puting

Bayi Melekat

- Sebagian besar areola (bagian payudara berwarna gelap) masuk mulut bayi, terutama bagian bawah lebih banyak masuk
- Mulut terbuka lebar
- Bibir membalik keluar
- Dagu menempel payudara
- Tidak ada bunyi kecapan

Melekat yang salah vs **Melekat yang benar**

Jika TIDAK menyusui/ diberikan susu formula akan meningkatkan peluang:

Bagi Bayi

- Asma
- Alergi
- Infeksi telinga
- Demam tinggi & penyakit jantung
- Infeksi saluran nafas
- Kecerdasan lebih rendah
- Kegemukan
- Kekurangan zat besi

Bagi Ibu

- Penyakit gula
- Kegemukan, kelebihan berat badan
- Tulang keropos
- Kanker payudara, indung telur & rahim
- Penyakit gula
- Gangguan pencernaan
- Gangguan tidur
- Infeksi saluran darah
- Gangguan Perilaku
- Kematian bayi mendadak
- Risiko kesehatan lainnya
- Tekanan darah tinggi
- Memperpendek jarak kelahiran
- Risiko kesehatan lainnya

Growth Counseling Sheet

2. LEMBAR BALIK PENYULUHAN PENCEGAHAN STUNTING

Ibu hamil	Bayi 0-5 bulan	Anak 6-24 bulan
- Stunting adalah gangguan tumbuh kembang anak akibat kekurangan gizi kronis, sering sakit, dan kurang menjaga kebersihan - Stunting ini berbahaya karena dapat menyebabkan anak kurang cerdas dan mudah sakit, baik saat bayi maupun saat dewasa nanti - Jelaskan pentingnya minum Tablet Tambah Darah (TTD), terutama: - Setelah kekurangan zat besi - Pada minggu yang normal (muda) - Pada minggu yang normal (muda) - Pentingnya cell kehamilan rutin ke Bidan atau Puskesmas - Rutin mengikuti kelas ibu hamil	- Manfaat ASI Eksklusif (ASI saja selama 6 bulan) - Hindari pemberian minum/makan selain ASI - Cara menyusui dengan benar - Bisa pijat loket atau konseling ASI ke Puskesmas atau ASK yang terdekat - Tatap langsung berikan ASI Eksklusif - CTPS di 3 waktu penting	- Benarkan makanan percampuran ASI (MPAS) dengan sekuat sesuai umur - Utamakan protein hewani: telur, daging, ikan, ayam, kacang-kacangan, dll - Hindari jajan sembarangan. Benarkan ke lokasi pusat gizi sebagai rujukan sehat - CTPS di 3 waktu penting



Kader Academy - Pencegahan Stunting



by 1000 Days

Playlist • 17 videos • 53,712 views

Pembelajaran online bagi kader Posyandu di Indonesia
oleh @1000daysfund

▶ Play all



Teaching & Training Tools

Kader Academy transforms Indonesia's healthcare by professionalizing CHWs, elevating their status, empowering them through accessible online education, ensuring high-quality healthcare in rural areas, and fostering confidence, and competence.



Instagram: @kader.academy



Youtube: 1000 Days

Evidence

- Empowering CHWs is key to achieving universal health coverage (Lancet paper).
- The program significantly improved the delivery of 1,000-day services at Community Health Posts (Posyandu) following the training (Paediatrica Indonesiana, 2024).
- The program improved the performance, skills, and confidence of CHWs in measuring children's height and providing health information to mothers (Paediatrica Indonesiana, 2024).
- The program had significant effects on various stunting-related knowledge and behavioral indicators



Stakeholders | Who We Serve



CHILDREN UNDER FIVE

Children in the first five years of life, a vital stage for physical growth, brain development, and resilience—where early interventions have the greatest impact



COMMUNITY HEALTH WORKERS

Frontline workers delivering essential health and nutrition services to families and children in local communities



FAMILIES

Mothers, fathers, and caregivers striving to give their children the strongest start to life during the first 1,000 days



COMMUNITY HEALTH SYSTEM

A collaborative network of health workers, clinics, and local government, ensuring accessible care for mothers and young children

Our Partners





There will be a day in our lifetime when Indonesian children no longer suffer the devastating effects of stunting... we want to celebrate that day with you.



Help us spread our impact and support our mission



Join our team (hr@1000daysfund.org)

Partnership inquiry (info@1000daysfund.org)



@1000daysfund



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